

BHARATI VIDYAPEETH DEEMED TO BE UNIVERSITY
COLLEGE OF NURSING, NAVI MUMBAI


"AARAMBH.."

Student Induction Program
27th September- 4th October 2021

Schedule

DAY	TIME	ACTIVITY	ACTIVITY PLANNED	FACULTY
Day 0 27/09/21	09:00 am to 09:30 am	Inaugural Session	Deep Prajwalan	College team
	9.30 am to 10.30 am	Physical activity	Warm up exercise, sitting yoga.	Ms.Jincy Jose Mr.Vishal G
	10.30 am to 04:00 pm	Academic registration & admission formalities	Admission Formalities	Class coordinator
Day 1 28/09/21	09:00 am to 09:30 am	Physical activity	Warm up exercise, sitting yoga, Breathing exercise	Mr.Vishal G
	09:30 am to 11.00 am	University orientation	Orientation to Bharati Vidyapeeth, Deemed to be University, Pune	Mr.Vishal G
	11:00 am to 12.30 am	Institution orientation	Orientation to College of Nursing Navi Mumbai	Mr. Dhanraj B
	12:30 pm to 01:25 pm	Lunch break	-	
	01:30 pm - 03:55 pm	Department orientation	BSc,PBBSc,MSc Nursing	Class coordinator
	04:00 pm - 05:00 pm	Mentor-mentee groups - Introduction within group	Guidance & Counseling	Class coordinator
Day 2 29/09/21	09:00 am to 09:30 am	Physical activity	Warm up exercise, sitting yoga, Breathing exercise pranayam, meditation	Mr.Vishal G
	09:30 am - 10:55 am	Lectures by eminent people-	"Embracing your profession and self enrichment" - Prof. Vaishali Jadhav Principal BVCON	Ms.Jincy Jose
	11:00 am - 12:25 pm	Mentoring with Universal Human values -	Get to know us!	Mrs. Natasha M
	12:30 pm - 01:25 pm	Lunch break	-	
	01:30 pm - 02:25 pm	Creative Arts and Culture	Let's be creative!!	Ms. Nilam B
	02:30 pm - 03:55 pm	Play acting / Reading/ Writing	Lekh-Ullekh..	Ms.Jincy Jose
	04:00 pm - 05:00 pm	Games	Jambola Tambola	Ms. Nilam B
Day 3 30/09/21	09:00 am to 09:30 am	Physical activity	Breathing exercises,sitting yoga ,pranayam,meditation	Mr.Vishal G
	09:30 am - 10:55 am	Session on institutional committees ,SNA Body	Orientation to professional bodies in Nursing- SNA & TNAI	Mr. Dhanraj B

Day 4 1/10/21	11:00 am - 12:25 pm	Mentoring with Universal Human values –	Antiragging committee and norms	Mr. Dhanraj B
	12:30 pm - 01:25 pm	Lunch break	-	
	01:30 pm - 02:25 pm	Creative Arts and Culture	Best out of waste	Ms. Nilam B
	02:30 pm - 03:55 pm	Literary :Play acting / Reading/ Writing	Friends for life- Books!	Ms.Jincy Jose
	04:00 pm - 05:00 pm	Games	Rock painting	Mrs Nilam B
	09:00 am to 09:30 am	Physical activity	Breathing exercises,sitting yoga ,pranayam,meditation	Mr.Vishal G
	09:30 am - 10:55 am	Lectures by eminent people-Personality development	"Being your own best " -Mrs. Swati Parab (Founder & CEO –Younique Parent &Child Expert Coach)	Mrs Nilam B
	11:00 am - 12:25 pm	Mentoring with Universal Human values	Enhancing self!	Mrs. Natasha
	12:30 pm - 01:25 pm	Lunch break		
	01:30 pm - 02:25 pm	Creative Arts and Culture	Rango ki duniya!	Mrs. Nilam B
Day 5 2/10/21	02:30 pm - 03:55 pm	Literary:Play acting / Reading/ Writing	Charcha ka Vishay.!	Ms. Jincy Jose
	04:00 pm - 05:00 pm	Games	Quiz- Bujho yea paheli..	Ms. Jincy Jose
	09:00 am to 09:30 am	Physical activity	Breathing exercises,sitting yoga, pranayam, meditation	Mr.Vishal G
	09:30 am - 10:55 am	Lectures by eminent people -	"Meet your inner self"- Mr. Manish Sharma (Yoga Therapist)	Mr. Dhanraj B
	11:00 am - 12:25 pm	Visits to Local Area	Knowing your second home - College campus	Class coordinators
	12:30 pm - 01:25 pm	Lunch break		
	01:30 pm - 02:25 pm	Extra-Curricular	Cultural and sports	Mr.Vishal G.
	02:30 pm - 03:55 pm	Activities		Ms. Nilam B
	04:00 pm - 05:00 pm	Games	Funzie	Ms.Jincy Jose
	09:00 am to 09:30 am	Physical activity	Breathing exercises,sitting yoga, pranayam, meditation	Mr.Vishal G
Day 6 4/10/21	09:30 am - 10:55 am	Lectures by eminent people	"Being out of the box!" Prof. SS Ranjan –BVMSR	Ms.Jincy Jose
	11:00 am - 12:25 pm	Visits to Local Area	Knowing your second home - CBD Belapur campus	Class coordinators
	12:30 pm - 01:25 pm	Lunch break		
	01:30 pm - 02:25 pm	Report on the Induction	Report writing	Class coordinators
	02:30 pm - 03:55 pm	Programme (group wise)	(Feedback form by students)	
	04:00 pm - 05:00 pm			



Principal

Bharati Vidyapeeth
(Deemed To Be University)
College of Nursing

CBD Sector-7, Opp Kharghar Rly Stn
Navi Mumbai - 400 614